

# Give the gift of mental well-being

Getting your dependents access to mental healthcare has never been easier, thanks to our new dependent sign-up flow.

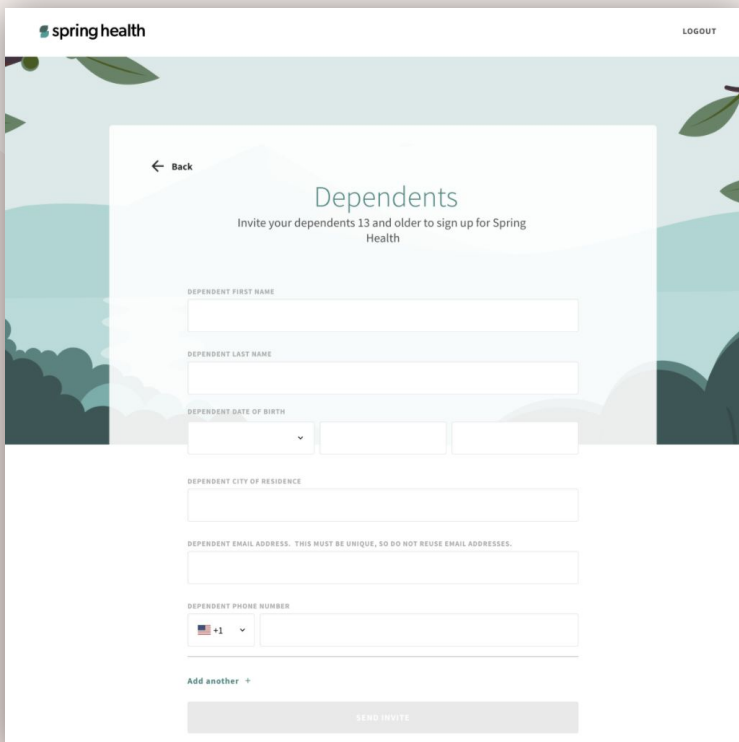
## Adding dependents is easier than ever

Members can invite dependents using the option located in their account settings page. New members will see the option to add dependents upon registering for their benefit.

### Invite Dependents

If you have dependents, you can invite them to sign up for Spring Health.

INVITE DEPENDENTS



The screenshot shows the 'Dependents' page in the Spring Health app. At the top, there's a 'Back' arrow and the title 'Dependents' with a subtitle 'Invite your dependents 13 and older to sign up for Spring Health'. The form includes fields for 'DEPENDENT FIRST NAME', 'DEPENDENT LAST NAME', 'DEPENDENT DATE OF BIRTH' (with a dropdown for month and input for day/year), 'DEPENDENT CITY OF RESIDENCE', 'DEPENDENT EMAIL ADDRESS' (with a note: 'THIS MUST BE UNIQUE, SO DO NOT REUSE EMAIL ADDRESSES.'), and 'DEPENDENT PHONE NUMBER' (with a country code dropdown showing '+1'). At the bottom, there's an 'Add another +' link and a 'SEND INVITE' button.

## Provide your dependent's details, and we'll handle the rest

Once a member clicks 'send invite,' their dependent will receive a personalized invitation email to activate their Spring Health benefit.